## **Natural Organic T-Shirt Size Chart**

#### Ladies Natural (Item # 0375)

To determine your size, follow these simple instructions:

Bust/Chest - Measure around the chest at the fullest point of the bust.

Waist - Measure around the narrowest part of your waist.

Hip/Seat - Measure around the fullest point of your seat while standing.

|       | XS    | SM    | MD      | LG        | XL        | 2XL     | 3XL          |
|-------|-------|-------|---------|-----------|-----------|---------|--------------|
| Size  | 0-2   | 4-6   | 8-10    | 12-14     | 16-18     |         |              |
| Bust  | 32-33 | 34-35 | 36-37.5 | 38.5-40.5 | 41.5-44.5 | Size no | t available  |
| Waist | 24-25 | 26-27 | 28-29.5 | 30.5-32.5 | 34-36.5   | in Orga | anic T-shirt |
| Hip   | 34-35 | 36-37 | 38-39   | 40.5-42.5 | 44-46.5   |         |              |



#### Men's Natural (Item # 0425)

To determine your size, follow these simple instructions:

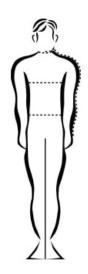
Neck - Measure around the base of the neck.

Chest - Measure at the fullest part of the chest, under the armpits and over the shoulder blades, keeping the tape measure firm and level.

Sleeve - Bend elbow slightly. Measure from center back of neck across shoulder, over the slightly bent elbow, and down to the wrist.

Waist - Measure around the narrowest part of your waist.

|        | XS    | SM    | MD    | LG    | XL    | 2XL   | 3XL   | 4XL 5XL                         |
|--------|-------|-------|-------|-------|-------|-------|-------|---------------------------------|
| Neck   | 15    | 15.5  | 16    | 16.5  | 17.5  | 18.5  | 19.5  |                                 |
| Chest  | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | Size not                        |
| Sleeve | 31.5  | 32.5  | 33.5  | 34.5  | 35.5  | 36.5  | 37.5  | available in<br>Organic T-shirt |
| Waist  | 26-28 | 29-31 | 32-35 | 36-39 | 40-43 | 44-47 | 48-51 | game i gim                      |



# **USA Organic T-Shirt Size Chart**

### Women's Item # 5001 & # 2001

|      | SM  | MD  | LG   | XL    | 2XL   |
|------|-----|-----|------|-------|-------|
| Size | 0-4 | 4-8 | 8-12 | 12-14 | 14-16 |

#### Men's Item # 5051

|      | SM  | MD  | LG  | XL  | 2XL |
|------|-----|-----|-----|-----|-----|
| Size | 36" | 34" | 36" | 40" | 42" |

#### Youth Item # 5021

|      | SM | MD | LG |
|------|----|----|----|
| Size | 8  | 10 | 12 |

## **Color Organic T-Shirt Size Chart**

### Women's Item # 428

|      | SM  | MD   | LG    | XL    | 2XL   | 3XL   |
|------|-----|------|-------|-------|-------|-------|
| Size | 4-6 | 8-10 | 12-14 | 16-18 | 20-22 | 24-26 |

### Men's Item # 420 & Recycled T-Shirt # 520

|      | SM    | MD    | LG    | XL    | 2XL   | 3XL   | 4XL   |
|------|-------|-------|-------|-------|-------|-------|-------|
| Size | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 |

#### Youth Item # 420B

|      | SM  | MD    | LG    |
|------|-----|-------|-------|
| Size | 6-8 | 10-12 | 14-16 |